

Maximizing Tax Benefits for Retirees



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Key Topics

Sources of Income

Tax Location Withdrawals

Leveraging Deductions and Credits

Tax-Efficient Investing Strategies

Charitable Giving

Tax Traps

Retirement Tax Landscape



Sources of Retirement Income

tax treatment

Guaranteed

Social Security

Up to 85% taxable

Pension

100% taxable

Deferred Compensation

100% taxable

Withdrawals

Traditional IRA

“Always taxable”

401(k), 403(b)

“Always taxable”

Roth IRA

“Never taxable”

Investments

Long -Term Capital Gains

“Sometimes taxable”

Short -Term Capital Gains

“Ordinary” income

Dividends

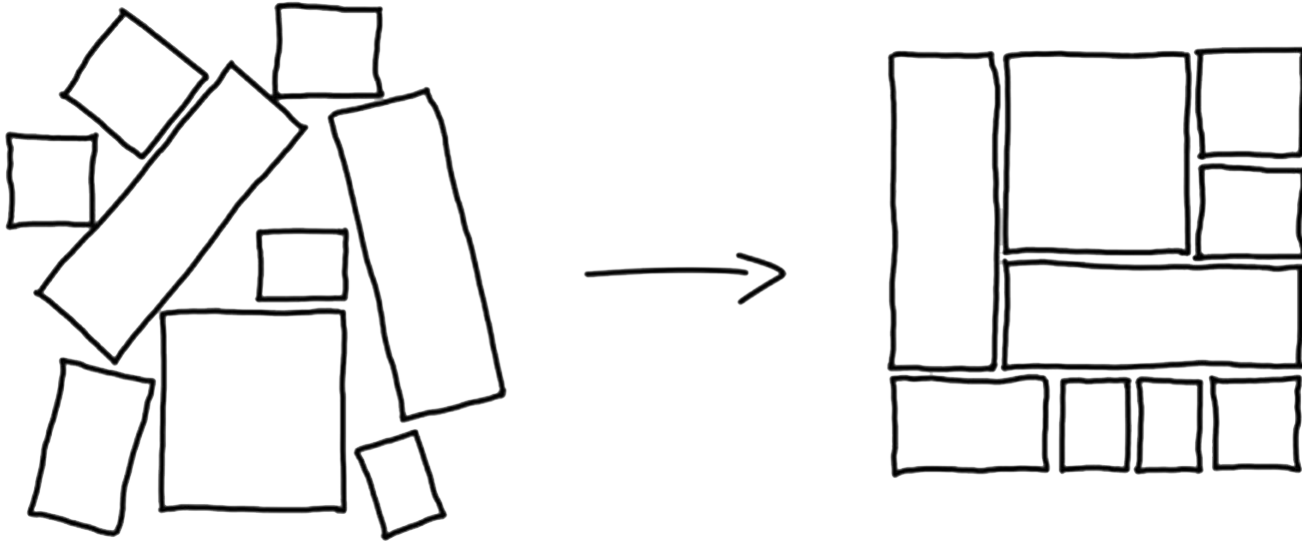
“Qualified” at LTCG rates

Interest

“Current” income year earned

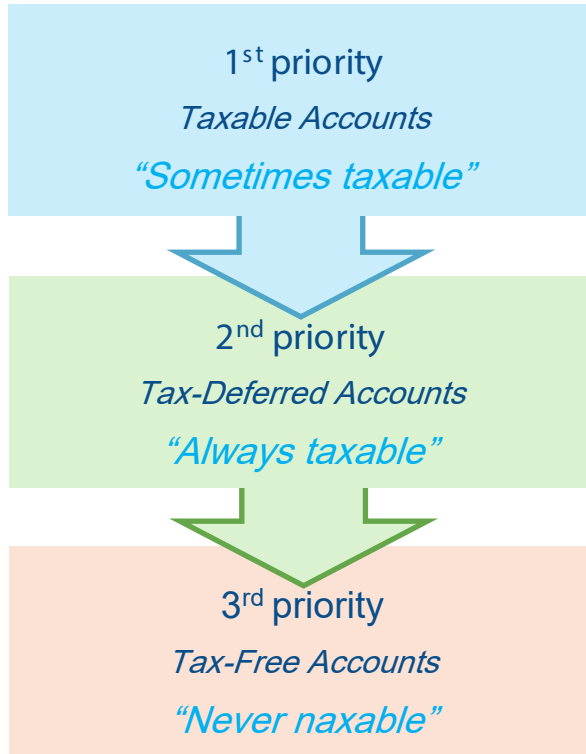
NEW—WEP/GPO repeal—effective 2024

Tax-Efficient Withdrawal Strategies



Tax Location Withdrawals

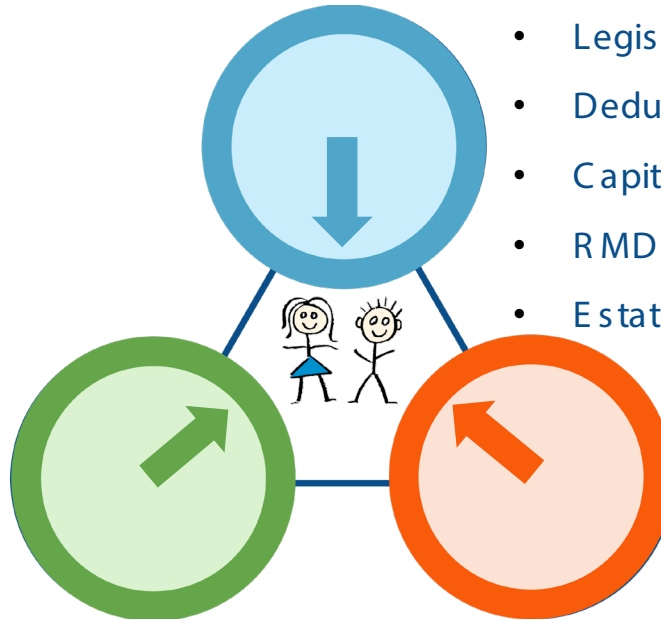
FAQ—Distribution Order



Preferred —Blended Withdrawals

- Timing is **everything**
- Legislative **changes**
- Deduction **phaseouts**
- Capital gains **harvesting**
- RMD **reduction**
- Estate **efficiency**

- Basis **step-ups**



Required Minimum Distributions (RMDs)

IRS mandates RMDs to ensure deferred taxes on pretax contributions are eventually paid

- RMDs are the minimum amounts you **must withdraw annually** from retirement accounts, beginning at age 73
- Distributions from 401(k)s and 403(b)s must be taken from **each account**
- IRAs can be **aggregated** together and distributed from a single account
- RMD amount is calculated based on **December 31st** prior year account value, divided by Uniform Lifetime Table corresponding lifetime expectancy divisor

Example: Age 73 divisor is 26.5, so if your 12/31 value was \$1,000,000 than your RMD would be \$37,735.85

Note: The percentage is calculated as $(100 / \text{Divisor})$ and represents the portion of the account balance that must be withdrawn for the Required Minimum Distribution (RMD) Age



RMD—Timing and Penalties



First RMD Deadline

- First RMD must be taken by April 1 of the year after turning RMD age
- Subsequent RMDs due by December 31, annually

Penalties for Missing RMDs

- 25% excise tax on the amount not withdrawn by the deadline
- Penalty can drop to 10% if corrected promptly by filing Form 5329

Special Exception

- Delay RMDs from employer-sponsored plans (e.g., 401(k)) if still employed

RMD—Strategies to Minimize Impact



Roth Conversions

- Convert Traditional IRA or 401(k) balances into a Roth IRA gradually, reducing pre-tax account balances subject to RMDs
- Pay taxes at today's rates rather than future potentially higher rates

Qualified Charitable Distributions (QCDs)

- Donate up to \$108,000 (2025) annually (adjusted for inflation) directly from your IRA to a qualified charity
- Amount counts toward your RMD and isn't included in taxable income

Strategic Withdrawals Before RMD Age

- Withdraw from tax-deferred accounts before RMD age to manage tax brackets and smooth taxable income over time

Roth Conversions



What is a Roth Conversion?

Transferring funds from an IRA or 401(k) into a Roth IRA by paying taxes on the converted amount now

Are there eligibility requirements?

No, anyone can do a Roth Conversion regardless of income

Why would I do it?

- Reduce Required Minimum Distributions (RMDs)
- Take advantage of currently low tax brackets before rates increase
- Invested funds grow tax-free in the Roth IRA
- Heirs receive tax-free distributions
- Balance taxable, tax-deferred, and tax-free income sources in retirement

Roth Conversion —Strategies



Partial Conversions

- Convert smaller amounts over several years to avoid jumping to higher brackets

Filling Tax Brackets

- Maximize your current tax bracket by converting up to the bracket's limit

Before RMDs Begin

- Reduce the size of your Traditional IRA before RMDs start

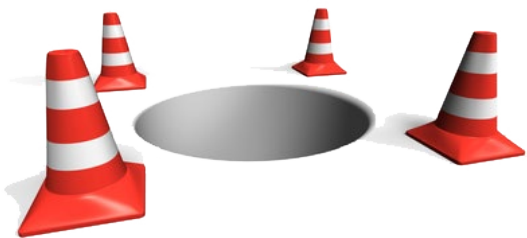
Pay Taxes with Non -Retirement Funds

- Use taxable savings to cover the tax bill and keep retirement funds intact

Spousal Planning

- Coordinate conversions with your spouse to optimize tax outcomes

Roth Conversion —Pitfalls to Avoid



Converting Too Much at Once

- Could push you into a higher tax bracket or trigger surtaxes

Not Planning for the Tax Bill

- Conversion taxes can erode savings if paid from retirement accounts

Medicare Surtaxes

- Be mindful of income thresholds that affect Medicare premiums

Timing Mistakes

- Convert when markets are low or before major life events

Leveraging Tax Deductions and Credits



Standard Deduction vs Itemized

Standard Deduction (2025)

- **\$30,000** (Married Filing Joint)
- Single is **\$15,000**
- Over 65 Add **\$1,600** per person



Itemized Tax Deductions

- The goal is to lower taxable income, but itemizing is only beneficial if the total of eligible expenses **exceeds** the standard deduction
- These are eligible expenses you can deduct from your adjusted gross income (AGI) **instead** of claiming the standard deduction

Eligible Itemized Deductions

Bunching Strategy

Schedule elective medical procedures (paid in tax year), prepay property taxes, or make charitable contributions in a single year (possibly through Donor-Advised Fund (DAF))



Medical and Dental Expenses

- Only the portion exceeding **7.5%** of your adjusted gross income (AGI) is deductible

State and Local Taxes (SALT)

- Deductible up to \$10,000

Home Mortgage Interest

- **Interest** paid on qualified home loans up to \$750,000

Charitable Contributions

- **Donations** to qualified organizations

Cash is common and can generally be deducted up to 60% of AGI

Tax Credits

Unlike deductions, which lower taxable income, credits are **dollar -for- dollar** reductions to your tax bill **After** all other calculations like Adjusted Gross Income (AGI) and Taxable Income have been determined. Do **not** overlook Health Insurance Marketplace (in Connecticut: Access Health CT)

Advance Premium Tax Credit

- Helps **offset** health insurance premium costs under the Affordable Care Act (ACA)
- You'll pay premiums of somewhere between 0% and **8.5% of your MAGI** for a mid-level plan premium (the "benchmark silver plan")

***Note:** This means you may have subsidized health insurance premiums for significant savings*



Strategies for Tax-Efficient Investing

Tax Loss Harvesting

Tax-loss harvesting is a strategy that allows you to **offset capital gains** by selling investments that have lost value. By realizing capital losses, you can offset gains and **reduce your taxable income**.

***Example:** If you sell an investment that has gained \$10,000, but you also sell another investment that has lost \$4,000, you can subtract the \$4,000 loss from the gain. As a result, you will only be taxed on the net gain of \$6,000.*

Additionally, if your **capital losses exceed your gains**, you can use up to **\$3,000** of the remaining losses to offset other income (such as wages or dividends), and any excess losses can be carried forward to future years.

Asset Location Optimization

Taxable “Sometimes taxable” accounts

- Hold investments that generate qualified dividends or longterm capital gains, since these are taxed at favorable rates

Tax-Deferred “Always taxable” accounts (IRAs, 401(k)s)

- These are better suited for investments that generate ordinary income, such as bonds, REITs, or other interest-bearing investments
- The income generated in these accounts will not be taxed until you withdraw it

Tax-Free “Never taxable” accounts (Roth IRAs)

- Investments that are likely to appreciate significantly in value should be held in Roth accounts, where they can grow taxfree, and qualified withdrawals are taxfree

Timing Capital Gains

Managing the timing of when you sell investments can have a significant impact on your tax liability

If possible, try to spread capital gains over multiple years to avoid pushing yourself into a higher tax bracket or triggering the Net Investment Income Tax(NIIT)

Example: Rather than selling an entire portfolio of appreciated assets in a single year, consider selling a portion each year over several years to spread out the capital gains and minimize your taxes.





Advanced Charitable Giving Strategies

Optimize Strategic Giving

Maximize the Charitable Deduction

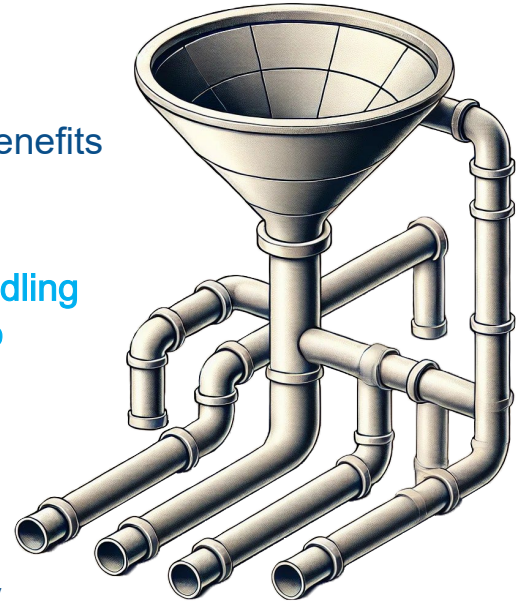
- **Avoid capital gains** tax on securities held for over a year
- Align donations with **high-income years** for maximum tax benefits

Donor -Advised Funds (DAFs)

- Contribute to a DAF for an **immediate tax deduction** by **bundling** donations to exceed the standard deduction and **distribute to charities over time**
- Decide **which** charities to support and **when**

Qualified Charitable Distributions (QCDs)

- Donate **annually** directly from your IRA to a qualified charity
- Counts toward your **RMD**



Tax Traps to Avoid

An “unexpected” bump in the effective tax rate, due to the phasing in of a tax, or the phasing out of a credit/deduction



Medicare Income Brackets (IRMAA)

Income-Related Monthly Adjustment Amount (IRMAA) increases Medicare Part B & D premiums for high-income earners

A **tax cliff** occurs when crossing a specific income threshold triggers an increase in tax

Medicare Premiums			
2023 MAGI single	2023 MAGI joint	Part B Premium	Part D income adjustment
\$106,000 or less	\$212,000 or less	\$185.00	\$0
106,001-133,000	212,001-266,000	\$259.00	\$13.70
133,001-167,000	266,001-334,000	\$370.00	\$35.30
167,001-200,000	334,001-400,000	\$480.90	\$57.00
200,001-500,000	400,001-750,000	\$591.90	\$78.60
Above 500,000	Above 750,000	\$628.90	\$85.80

- **2-year lookback** --meaning 2025 Medicare benefit year refers to 2023 income
- Form **SSA-44** is used for appeal

Capital Gains Tax Surprises

Selling **appreciated assets** can push taxable income into higher brackets

Net Investment Income Tax (NIIT) of 3.8% tax for MAGI over \$250,000 (married)

Loss of **0% capital gains** tax rate

Harvest capital **losses** to offset gains

Spread sales across **multiple years** to avoid bracket jumps



Widow(er)'s Penalty

The **Widow(er)'s Penalty** refers to the higher taxes and potential loss of benefits a surviving spouse faces after their partner's death due to filing status changes and reduced income thresholds

Income	2024 when MFJ	2024 when Single
Interest	\$2,994	\$2,994
Dividends	\$21,192	\$21,192
IRA Required Minimum Distributions (RMDs)	\$39,215	\$39,215
Pension Income	\$40,165	\$40,165
Taxable Social Security	\$40,800	\$23,800
<i>Total Income</i>	\$144,366	\$127,366
Minus Standard Deduction	-\$32,300	-\$16,550
Taxable Income	\$112,066	\$110,816
<i>Tax</i>	\$14,761	\$19,638



Mr. Moderator

Please gather questions

Meanwhile...

KEY TAKEAWAYS

Plan income beginning date(s) including Social Security and spousal benefits

Manage withdrawal sources and investment tax location including RMD minimization

Consider Roth IRA conversions early during low income years

Keep an eye on legislation change on deductions and credits

Manage investments to be tax-efficient and utilize tax harvesting

Optimize charitable giving strategies

Avoid any of the half dozen or so retirement income tax traps

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A 3D graphic featuring the words "QUESTIONS" and "ANSWERS" in red, blocky letters. A green arrow points from the word "QUESTIONS" towards the word "ANSWERS". The entire scene is reflected on a light-colored surface below. The background is white with a faint, light blue circular pattern on the right side.

QUESTIONS

ANSWERS

Want to **connect** with the presenter?

Schedule a call



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